

ESTTA Tracking number: **ESTTA534995**Filing date: **04/29/2013**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE
BEFORE THE TRADEMARK TRIAL AND APPEAL BOARD

Proceeding	91194974
Party	Defendant GFA Brands, Inc.
Correspondence Address	JOHANNA M WILBERT QUARLES & BRADY LLP 411 EAST WISCONSIN AVENUE, SUITE 2040 MILWAUKEE, WI 53202-4497 UNITED STATES johanna.wilbert@quarles.com, marta.levine@quarles.com, david.cross@quarles.com, deena.rafinski@quarles.com
Submission	Defendant's Notice of Reliance
Filer's Name	Johanna M. Wilbert
Filer's e-mail	johanna.wilbert@quarles.com, david.cross@quarles.com, andrea.fowler@quarles.com, deena.rafinski@quarles.com
Signature	/Johanna M. Wilbert/
Date	04/29/2013
Attachments	Ex 51 - 3d party use Heart-Smart-Cookbook-Henry-Ford.pdf (4 pages)(248624 bytes) Ex 52 - 3d party use Heart-Smart-Healthy-Exchanges-C.pdf (4 pages)(285410 bytes) Ex 53 - 3d party use One-Smart-Cookie-Julie-Van-Rose.pdf (4 pages)(306357 bytes) Ex 54 - 3d party use Smart-Baking-Cookbook-Jane-Kind.pdf (4 pages)(282418 bytes) Ex 55 - 3d party use Smart-Diet-Better-Homes-Gardens.pdf (4 pages)(283506 bytes) Ex 56 - 3d party use Smart-School-Time-Recipes-Alisa.pdf (6 pages)(374639 bytes) Ex 57 - 3d party use The-Smart-Carb-Diet-Recipes-And_Page_1.pdf (3 pages)(390877 bytes) Ex 58 - 3rd party use - PHOTO of Bisquick Heart Smart_Page_2.pdf (2 pages)(208334 bytes) Ex 59 - 3rd party use - PHOTO of Prego Heart Smart.pdf (2 pages)(183518 bytes) Ex 60 - 3rd party use - PHOTO of Plum Smart.pdf (2 pages)(213057 bytes)

EXHIBIT 51
to GFA Brands, Inc's Notice of Reliance
Opposition Nos. 91194974 (parent) and 91196358



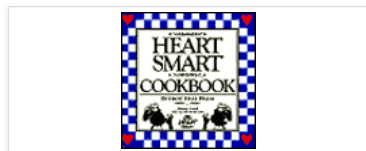
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Heart Smart Cookbook

by Henry Ford, Ford, Henry, Heart and Vascular Inst. Staff

★★★★☆ Be the first to write a review

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Overview - You hear it all the time: Don't diet. Instead, change your lifestyle permanently to a more healthful one. But what good is a healthful lifestyle if it means you're constantly in the kitchen, pouring over recipes, playing around with scales and juggling specified menus to get it just right? This cookbook gives you basic guidelines, practical tips and easy recipes that can help you live a more Heart Smart way without the fuss. You'll spend less ...[See more details below](#)

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**WHITE FEATHER BOOKS
AND MEDIA GA**
Seller since 2009

Feedback rating:
★★★★☆ (25)

Condition: New

Paperback New New NEW BOOK-perfect.

Ships from: MCDONOUGH, GA
Usually ships in 1-2 business days

- Canadian
- International
- Standard, 48 States
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[Add to Bag](#)**\$12.99**

**WHITE FEATHER BOOKS
AND MEDIA GA**
Seller since 2009

Feedback rating:
★★★★☆ (25)

Condition: New

PAPERBACK New

Ships from: MCDONOUGH, GA
Usually ships in 1-2 business days

- Canadian
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[Add to Bag](#)**\$60.00****Condition:** New

Brand new.

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bluehouse
 Seller since 2013
 Feedback rating:
 ★★★★★ (37)

Ships from: acton, MA
 Usually ships in 1-2 business days
 • Standard, 48 States

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Overview | Product Details

Overview

You hear it all the time: Don't diet. Instead, change your lifestyle permanently to a more healthful one. But what good is a healthful lifestyle if it means you're constantly in the kitchen, pouring over recipes, playing around with scales and juggling specified menus to get it just right?

This cookbook gives you basic guidelines, practical tips and easy recipes that can help you live a more Heart Smart way without the fuss. You'll spend less time in the kitchen and more time enjoying your newfound health.

ADVERTISING

Related Subjects

[Low Fat Cooking](#) [Diet Therapy](#) [Diet Therapy - Preventive and Therapeutic](#) [Cardiology](#)

Product Details

ISBN-13: 9780836280593

Publisher: Andrews McMeel Publishing

Publication date: 3/1/1994

Pages: 272

Product dimensions: 8.53 (w) x 8.49 (h) x 0.83 (d)

Customer Reviews

Be the first to write a review

★★★★★ (0)

Rating Distribution

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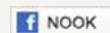
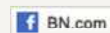
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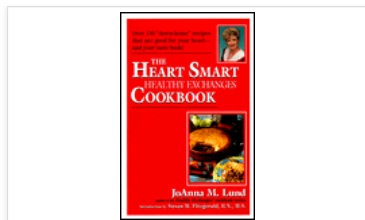
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The Heart Smart Healthy Exchanges Cookbook

by JoAnna M. Lund, Susan M. Fitzgerald (Adapted by)

★★★★☆ Be the first to write a review

Add to List +



Overview - Using ingredients available at most supermarkets--and recipes that save time and energy--readers can whip up tempting, guilt-free meals that are "heart-smart" and that will please the entire family. ... [See more details below](#)

Not Currently Available

Eligible for **FREE SHIPPING** [details](#)
Special Order: Ships 3-5 weeks [details](#)

Other sellers (Paperback) [All \(42\) from \\$1.99](#) [New \(2\) from \\$3.00](#) [Used \(40\) from \\$1.99](#)

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Feedback rating:
★★★★☆ (13)

Condition: New

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Usually ships in 1-2 business days

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- International
- Standard, 48 States
- Standard (AK, HI)
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\$50.00

bluehouse
Seller since 2013

Feedback rating:
★★★★☆ (37)

Condition: New

Brand new.

Ships from: acton, MA
Usually ships in 1-2 business days

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Overview

Using ingredients available at most supermarkets--and recipes that save time and energy--readers can whip up tempting, guilt-free meals that are "heart-smart" and that will please the entire family.



Related Subjects

[Public Health & Preventive Medicine](#) [Low Fat Cooking](#) [Diets - Special Conditions](#) [Diet Therapy](#) [Cardiology](#)
[Cooking for Special Diets - General & Miscellaneous](#)

Product Details

ISBN-13: 9780399524745
Publisher: Penguin Group (USA) Incorporated
Publication date: 2/28/1999
Edition description: 1 ED
Edition number: 1
Pages: 304
Product dimensions: 7.00 (w) x 5.00 (h) x 1.00 (d)

Customer Reviews

Be the first to write a review

☆☆☆☆☆ (0)

Rating Distribution

5 Star (0)
4 Star (0)
3 Star (0)
2 Star (0)
1 Star (0)



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EXHIBIT 53
to GFA Brands, Inc's Notice of Reliance
Opposition Nos. 91194974 (parent) and 91196358



One Smart Cookie: All Your Favorite Cookies, Squares, Brownies and Biscotti...With Less Fat

by Julie Van Rosendaal

★★★★★ Be the first to write a review

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Overview - Back by popular demand, with a new look and new recipes, national bestseller One Smart Cookie will satisfy your cravings for rich cookies, squares brownies and biscotti, but with less fat and all the flavor. One Smart Cookie contains mouthwatering recipes for Triple Chocolate Chunk Cookies, Cheesecake Brownies, Pecan Pie Squares and even Nanaimo Bars, as well as advice on how to trim the fat and calories from your own favorite recipes. These treats aren't just healthier ...[See more details below](#)

Paperback (Revised and Updated)

\$19.38 Save 22% | ~~\$24.95~~

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Other sellers (Paperback) All (18) from **\$7.08** New (11) from **\$15.45** Used (7) from **\$7.08**

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Grazing: A Healthier Approach...
Julie Van Rosendaal
★★★★★
Paperback **\$22.62**

More About This Book

[Overview](#) | [Product Details](#) | [Meet the Author](#) | [Table of Contents](#) | [Preface](#) | [Introduction](#)

Overview

Back by popular demand, with a new look and new recipes, national bestseller One Smart Cookie will satisfy your cravings for rich cookies, squares brownies and biscotti, but with less fat and all the flavor. One Smart Cookie contains mouthwatering recipes for Triple Chocolate Chunk Cookies, Cheesecake Brownies, Pecan Pie Squares and even Nanaimo Bars, as well as advice on how to trim the fat and calories from your own favorite recipes. These treats aren't just healthier alternatives-they're the real thing!

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Related Subjects

[Cookies, Brownies & Biscuits](#)

Product Details

ISBN-13: 9781552859124

Publisher: Whitecap Books, Limited

Publication date: 5/14/2007

Edition description: Revised and Updated

Pages: 208

Sales rank: 930,160

Product dimensions: 6.40 (w) x 9.40 (h) x 0.50 (d)

Meet the Author

The "queen of the skinny sweet" and the "poster girl for low fat cooking," Julie is a bestselling cookbook author, a food and nutrition columnist on CBC Radio, and co-host of "It's Just Food" on Viva Network. She is well-known for her inspiring weight-loss story-she shed 165 pounds by preparing all her favorite foods with less fat and calories.

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Table of Contents

Introduction

Baking Low-Fat Cookies

Fat and All That

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Preface

Introduction

This book represents years of kitchen testing by a food addict and cookie lover who was tired of the guilt trip that always followed a batch of homemade cookies.

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Introduction

Introduction

This book represents years of kitchen testing by a food addict and cookie lover who was tired of the guilt trip that always followed a batch of homemade cookies.

I should say that my dad was my inspiration. Although cooking has always been my first love, I might never have ventured into the world of low-fat cooking if he didn't have the unfortunate combination of food-related neurotic parents and a health-conscious wife. That's where low-fat recipes are to be

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Customer Reviews

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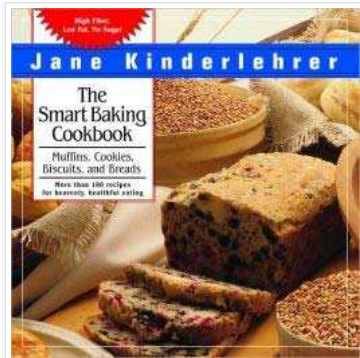
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Smart Baking Cookbook: Muffins, Cookies, Biscuits and Breads

by Jane Kinderlehrer

★★★★★ Be the first to write a review

Add to List +



Overview - Ideal for today's healthy choice lifestyle, this attractive cookbook features more than 180 popular, family- and kitchen-tested recipes for 83 muffins, 80 cookies, and dozens of biscuits, breads, and toppings. Infamously sneaky in using healthy ingredients like fruit, nuts, honey, and carob, Jane Kinderlehrer shares easy-to-follow, high-fiber, low-fat, and sugar-free recipes that the whole family will find delicious, including Peachy Pecan ...[See more details below](#)

Paperback (Reprint)

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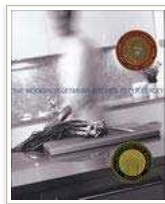
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The Food You Crave: Luscious...
Ellie Krieger
★★★★★
Hardcover **\$20.61**



Modern Vegetarian Kitchen
Peter Berley
★★★★★
Paperback **\$15.54**

More About This Book

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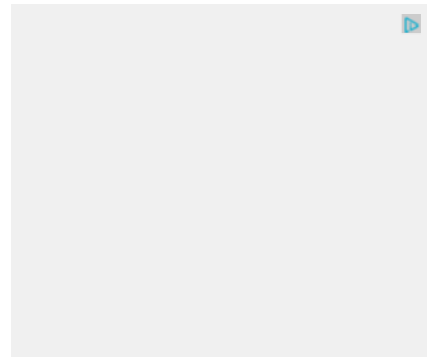
Overview

Ideal for today's healthy choice lifestyle, this attractive cookbook features more than 180 popular, family- and kitchen-tested recipes for 83 muffins, 80 cookies, and dozens of biscuits, breads, and toppings.

Infamously sneaky in using healthy ingredients like fruit, nuts, honey, and carob, Jane Kinderlehrer shares easy-to-follow, high-fiber, low-fat, and sugar-free recipes that the whole family will find delicious, including Peachy Pecan Muffins, Butterfly Ginger Cookies, Cinnamon Twist Coffee Cake, Crunchy Fudgy Brownies, and much more!

The Smart Baking Cookbook Muffins, Cookies, Biscuits, and Breads

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Related Subjects

[Cookies, Brownies & Biscuits](#) [Baking - General & Miscellaneous](#) [Diets - Special Conditions](#) [Low Fat Cooking](#) [Cooking for Better Health](#)
[Diabetic & Sugar Free Cooking](#) [Breads & Muffins](#)

Product Details

ISBN-13: 9781557045225

Publisher: HarperCollins Publishers

Publication date: 9/1/2002

Series: [Jane Kinderlehrer Smart Food Series](#)

Edition description: Reprint

Pages: 304

Sales rank: 995,521

Product dimensions: 7.98 (w) x 7.96 (h) x 0.77 (d)

Meet the Author

Jane Kinderlehrer, author of the classic "Smart Food" cookbook series, was senior editor and food editor of **Prevention** magazine for nineteen years and a regular **New York Times** columnist.

Daniel A. Kinderlehrer, M.D., Jane's son, is an internist and expert in diet, nutrition, and holistic medicine, who lectures widely and has been a regular presenter at the Omega Institute in Rhinebeck, New York. He lives in Santa Fe, New Mexico.

Customer Reviews

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☆☆☆☆☆ (0)

Rating Distribution

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3 Star (0)
2 Star (0)
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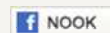
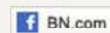
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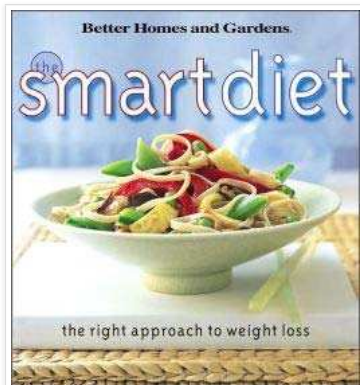


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Smart Diet

by Better Homes & Gardens, Better Homes and Gardens Editors (Editor)

★★★★☆ Be the first to write a review

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Overview - More than half of Americans are obese or overweight in spite of repeated diets. A sensible approach to eating and exercising, written and edited by health and nutrition experts. Recipes for snacks, breakfasts, entrees, meatless main dishes, soups, greens, grains, side dishes, desserts. ... [See more details below](#)

Eligible for **FREE SHIPPING** [details](#)
Special Order: Ships 3-5 weeks [details](#)

Not Currently Available

[Pick Up In Store](#)**Other sellers** (Hardcover) [All \(47\) from \\$1.99](#) [New \(4\) from \\$5.45](#) [Used \(43\) from \\$1.99](#)

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Seller since 2006

Feedback rating:

★★★★★ (803)

Condition: New

2000-12-15 Hardcover New New Book. Item delivered via UPS in 7-9 business days. Tracking available by request.

Ships from: Appleton, WI

Usually ships in 1-2 business days

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- Express, 48 States
- International
- Standard (AK, HI)
- Express (AK, HI)

[Add to Bag](#)**\$6.55****Big Al's Books**
Seller since 2009

Feedback rating:

★★★★★ (35)

Condition: New2001 Hard cover First edition. New. No dust jacket. Near New, Nice Xlg Hardcover Book Returned without a Dustcover, Returned Item, Some Shelfwear, Dings, Tight Binding, Crisp, ...[Read more](#)**Ships from:** Lakeland, FL

Usually ships in 1-2 business days

- Canadian
- Standard, 48 States
- Express, 48 States
- International
- Standard (AK, HI)
- Express (AK, HI)

[Add to Bag](#)**\$8.95****Turn of the Century DE**
Seller since 2005

Feedback rating:

★★★★★ (167)

Condition: New

2001 Hard cover New in fine dust jacket. 240 p. Contains: Illustrations. Better Homes & Gardens (Hardcover).

Ships from: Camden, DE

Usually ships in 1-2 business days

[Add to Bag](#)

- Canadian
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- Standard, 48 States
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- Express, 48 States
- Express (AK, HI)

\$50.00

Condition: **New**
Brand new.

bluehouse
Seller since 2013

Feedback rating:
★★★★★ (37)

Ships from: acton, MA
Usually ships in 1-2 business days

- Standard, 48 States



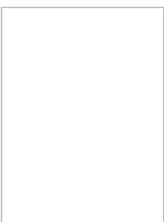
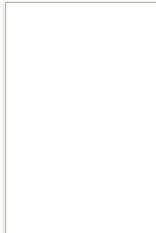


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The Germans: With a new...
Gordon A. Craig
Paperback **\$12.43**

More About This Book

Overview | **Product Details** | **Table of Contents**

Overview

More than half of Americans are obese or overweight in spite of repeated diets.

A sensible approach to eating and exercising, written and edited by health and nutrition experts.

Recipes for snacks, breakfasts, entrees, meatless main dishes, soups, greens, grains, side dishes, desserts.

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Related Subjects

[Diets - Weight Loss & Weight Control](#) [Cooking for Weight Control](#)

Product Details

ISBN-13: 9780696211737

Publisher: Meredith Books
Publication date: 12/15/2000
Series: [Better Homes and Gardens Series](#)
Edition description: 1 ED
Pages: 240
Product dimensions: 9.39 (w) x 10.10 (h) x 0.92 (d)

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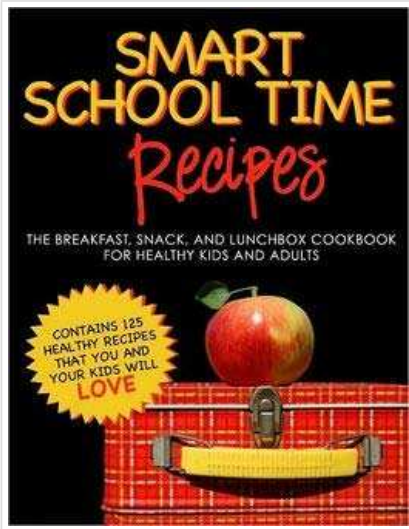
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Opposition Nos. 91194974 (parent) and 91196358



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SMART SCHOOL TIME RECIPES: The Breakfast, Snack, and Lunchbox Cookbook for Healthy Kids and Adults [NOOK Book]

by Alisa Fleming

★★★★☆ (53)

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Overview - This e-cookbook was created to encourage whole foods living for families, while offering ample alternatives to prepackaged meals and snacks. Within you will discover 125 healthy recipes and over 100 full color photos for quick breakfasts, on-the-go snacks, and portable lunch items. And of course, the recipes are kid-friendly (and adult-friendly!), easy, and delicious. The chapters include: Morning Muffin Mania Sensational Smoothies Easy Freezin' Waffles, Pancakes, and French Toast More Smart Starts Dips, ...[See more details below](#)

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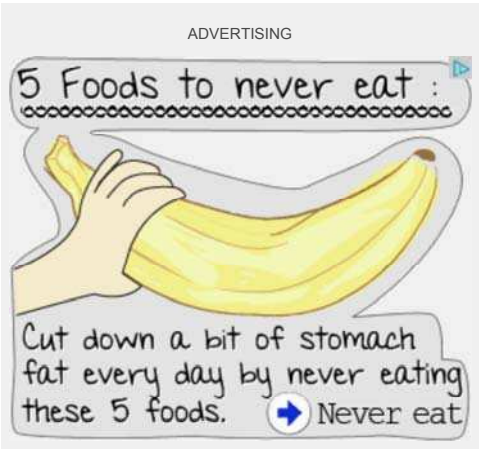
Heart Healthy Cooking
 Robert Wilson
 ★★★★★
 NOOK Book **\$0.99**

More About This Book

Overview

This e-cookbook was created to encourage whole foods living for families, while offering ample alternatives to prepackaged meals and snacks. Within you will discover 125 healthy recipes and over 100 full color photos for quick breakfasts, on-the-go snacks, and portable lunch items. And of course, the recipes are kid-friendly (and adult-friendly!), easy, and delicious. The chapters include: Morning Muffin Mania Sensational Smoothies Easy Freezin' Waffles, Pancakes, and French Toast More Smart Starts Dips, Fillings, and Spreads Soups and Stews Salad-Style More Lunchbox Love Sweet Snackin' Craving Cookies Essential Extras Please download and enjoy, and let others know about this fabulous eCookbook! Share it, Tweet it, Buzz it, and Email it to help spread the word about the easy and delicious world of whole foods for the entire family.

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Related Subjects

[Natural Foods - Cooking](#) [Healthy Living](#) [Cooking - General & Miscellaneous](#) [Cooking for Better Health](#)

Product Details

ISBN-13: 9780979128639
Publisher: Fleming Ink
Publication date: 10/6/2010
Sold by: Barnes & Noble
Format: eBook
Pages: 173
Sales rank: 81,081
File size: 3 MB

Meet the Author

Alisa Fleming founded GoDairyFree.org in 2004. Her initial mission was simply to share what she had learned about dairy-free living with others, since there was so little cohesive information available. Yet, to her surprise, the demand was tremendous and the site quickly grew. Today, GoDairyFree.org is host to over 5000 pages of information and approximately one million visitors per year. Upon the urging of viewers, and after five years of research, writing, and perfecting recipes, Alisa Fleming finally released Go Dairy Free: The Guide and Cookbook for Milk Allergies, Lactose Intolerance, and Casein-Free Living. Determined to continue with her passions for health, nutrition, and good food, Fleming has voluntarily left her career as a

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Average Rating 3

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2 Star	<div></div>	(12)
1 Star	<div></div>	(9)



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Anonymous

Posted May 28, 2012

★★★★★ **Great e-cookbook for all us brown baggers!**

This is a FREE ebook with yummy dishes and links to help make it easier to carry lunch to work or school, which can help save money and keep us healthy!

2 out of 2 people found this review helpful.

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8143542

Posted June 9, 2011

★★★★★ **Buy+it**

Great+recipes+for+individuals+with+special+dietary+needs.

2 out of 5 people found this review helpful.

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Anonymous

Posted May 28, 2012

★★★★★ **Don't waste your money!**

Not what is advertised

1 out of 2 people found this review helpful.

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8823126

Posted May 15, 2011

★★★★★

owsome

1 out of 9 people found this review helpful.

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Anonymous

Posted July 14, 2011

★★★★★ ?

I haven't really read this book yet, but i need to go on a diet

0 out of 14 people found this review helpful.

Was this review helpful? [Yes](#) | [No](#) | [Report this review](#)

Anonymous

Posted July 10, 2011

★★★★★ ?

Is the food good???

0 out of 14 people found this review helpful.

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Anonymous

Posted January 27, 2011

★★★★★

No text was provided for this review.

Anonymous

Posted March 5, 2011

★★★★★

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Posted January 1, 2011

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Anonymous Posted February 5, 2011	★★★★☆ No text was provided for this review.
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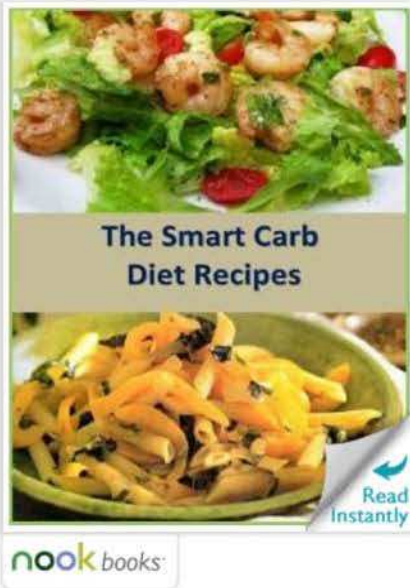
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The Smart Carb Diet Recipes [NOOK Book]

by Andrew Rainier

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Overview - The South Beach Diet is truly a food lover's diet. It's about living well and loving what you eat. But it's also practical, flexible, easy, and effective. The South Beach Diet plan is divided into three Phases. A three-phase plan that has been likened to the low-carbohydrate Atkins program because during the first two weeks, South Beach eliminates most carbs, including bread, pasta, potatoes, fruit and most dairy products. In Phase 2, healthy carbs, including most fruits, whole grains and dairy products are ...[See more details below](#)


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Overview

The South Beach Diet is truly a food lover's diet. It's about living well and loving what you eat. But it's also practical, flexible, easy, and effective. The South Beach Diet plan is divided into three Phases. A three-phase plan that has been likened to the low-carbohydrate Atkins program because during the first two weeks, South Beach eliminates most carbs, including bread, pasta, potatoes, fruit and most dairy products. In Phase 2, healthy carbs, including most fruits, whole grains and dairy products are gradually reintroduced, but processed carbs such as bagels, cookies, cornflakes, regular pasta and rice cakes remain on the list of foods to avoid or eat rarely. Ditto for carrots, corn, bananas, raisins, pineapple, fruit juice and watermelon. This phase lasts until the weight goal is reached. In Phase 3, adherents are urged to stick mostly with the same foods as in Phase 2. **This book also includes 350 delicious recipes. With this cookbook, you can eat well and live healthy at the same time.**

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Related Subjects

[Cooking - General & Miscellaneous](#)

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Is Your Body TOXIC?
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Product Details

ISBN-13: 9781105775802

Publisher: Lulu.com

Publication date: 5/18/2012

Sold by: Lulu Press

Format: eBook

Sales rank: 563,203

File size: 771 KB

Customer Reviews

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Rating Distribution

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TO CLOSE
INSERT TAB HERE

TO MEASURE BISQUICK MIX:
Spoon into dry-ingredient measuring cup; level with knife.
DO NOT SIFT.

TO MAINTAIN FRESHNESS,
REFRIGERATE AFTER OPENING



You can use
Bisquick Heart Smart
for these and other
Family-Favorite
Recipes

Pancakes

PREP TIME: 2 min • **COOK TIME:** 7 min per batch
2 cups Bisquick Heart Smart mix
1 1/2 cups fat-free (skim) milk
1 egg
STIR ingredients until blended.
POUR by lightly less than 1/2 cupful onto hot
greased griddle.
COOK until bubbles break on surface. Turn and cook
1-2 minutes.

Make in Your Heart Smart Pancakes: Use 1/2 cup of the mix and 1/4 cup of milk to make 1/2 cup of batter. Cook on a griddle over medium heat. Flip when bubbles form on the surface. Cook until golden brown. Serve with your favorite toppings.

Heart Healthy Pancakes: Substitute 1/2 cup of the mix and 1/4 cup of milk for 1/2 cup of batter. Cook on a griddle over medium heat. Flip when bubbles form on the surface. Cook until golden brown. Serve with your favorite toppings.

Waffles

PREP TIME: 3 min • **BAKE TIME:** 1 min per batch
2 cups Bisquick Heart Smart mix
1 1/2 cups fat-free (skim) milk
2 Tbsp vegetable oil
1 egg
STIR ingredients until blended.
POUR into center of hot greased waffle iron. Cook
BAKE about 5 min or until browning tops. Carefully
remove waffle. 12 (4-inch) waffles.

To Bake: Heat waffle iron to medium-high heat.
High Altitude (3500-6500 ft): Increase milk to 1 3/4 cups.
Nutrition Information: 1 serving (2 waffles) 220 calories
(110 calories from fat), 1g fat (2g saturated), 1g trans,
10g carbohydrates and 10mg sodium.
© 2011 General Mills

Dumplings

PREP TIME: 2 min • **COOK TIME:** 25 min
3/4 cup Bisquick Heart Smart mix
3 Tbsp fat-free (skim) milk
STIR ingredients until soft dough forms.

DROP by spoonfuls into boiling water, reduce heat.
COOK uncovered 10 min, cover and cook 10 min.
4 dumplings.
High Altitude (3500-6500 ft): No change.
Nutrition Information: 1 serving (1 dumpling) 100 calories
(10 calories from fat), 1g fat (0g saturated), 0g trans,
10g carbohydrates and 10mg sodium.
© 2011 General Mills

Heart Smart Bisquick

Pancake and Baking Mix

- ✓ Low Fat
- ✓ 0g Trans Fat
- ✓ Naturally Cholesterol Free
- ✓ Excellent Source of Calcium



EXHIBIT
58

SERVING
SUGGESTION

®D

NET WT 40 OZ (2 LB 8 OZ) 1.13kg

A Delicious Way to be Good to Your Heart!



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Prego® Heart Smart Italian Sauce

MORE THAN A FULL
SERVING OF VEGETABLES*

LOW IN CHOLESTEROL

LESS SODIUM THAN TRADITIONAL

LOW IN FAT & SATURATED FAT

EXHIBIT

59

NET WT.
1 LB. 7.5 OZ.
(23.5 OZ.) (666g)

100% Natural
Prego
ITALIAN SAUCE

**HEART
Smart**

Mushroom



Low in Saturated Fat
& Cholesterol

CERTIFIED BY
American Heart Association
heartcheckmark.org

While many factors affect heart
disease, diets low in saturated fat
and cholesterol may reduce the risk
of this disease.

**Nutrition
Facts**

Serv Size 1/2 cup (125mL)
Servings: about 5
Calories 70
Fat Cal. 15

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 1.5g	2%	Sodium 360mg	15%
Sat. Fat 1g	0%	Potassium 45mg	1%
Trans Fat 1g	0%	Total Carb. 13g	4%
Polysat. Fat 0.5g	0%	Fiber 3g	12%
Monosat. Fat 1g	0%	Sugars 5g	0%
Cholest. 0mg	0%	Protein 2g	4%

*Percent Daily Values (DV) are
based on a diet of 2,000 calories.

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occasionally.



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SUNFLOWER OIL, SALT, SPICE, DEHYDRATED
GARLIC, DEHYDRATED ONIONS, CITRIC
ACID, LEMON SODIUM, NATURAL SEA
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60% Less
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Helps Regulate Digestion

EXHIBIT

60

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from Concentrate